grtr fitness

2985 23 Ave NE #125
Calgary, AB T1Y 7L3
(587) 229-4001

1:1 PERSONAL TRAINING CONTRACT

Description of program:

1. The grtr fitness 1:1 Personal Training program includes:
    a. Monthly programming for both coached and solo sessions
    b. 60 minute coaching sessions
    c. Quarterly progress evaluations
2. Personal Training sessions will take place at King's Fitness Sunridge. Participants require a membership with King's Fitness, to be paid separately.

Program Cost:

Monthly session count: _____

Monthly charge = monthly session count _____ x $70 (+GST) = _____

Method of payment: _____

I agree to pay the monthly charges above, 1 month in advance

Print Name: _____

Sign Name: _____

Date: _____

grtr fitness is a trade name of grtr consulting inc.